







## Low Impact and Seated Fitness Fetcham Village Hall



Tuesdays

11.30am



## **Thursdays**

from 4th November

12.30pm

Contact Jo on 07504911698 or email <a href="mailto:lowimpactandseatedfitness@gmail.com">lowimpactandseatedfitness@gmail.com</a> for more info or to book your FREE trial class

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